



Be Ready Utah School Student Backpack

EMERGENCY ZIP LOCK BAGGIE

- 1 7" x 8" size zip lock plastic bag to place emergency items in
- 1 emergency Mylar blanket
- 1 emergency poncho (one size fits all - children sizes are available at any stores in the camping section)
- 1 or more hand / body warmer (usually 2 per packet at any store in the camping section)
- Trial size toothpaste and tooth brush (for dentist appointment)
- Trial size hand / body moisturizing lotions
- 4 moist hand wipes
- 4 sterile alcohol pads or swabs to clean wound or cuts (individually packaged)
- Variety size band aids
- 2 pocket size facial tissues
- Various size safety pins (in case you pop a button or broken zipper!)
- 1 blow whistle with lanyard to hang on backpack or hang around your neck

UPDATE STUDENT ZIP LOCK EMERGENCY BAG ONCE EVERY MONTH

(Place remaining items in new bag and replace items that were used)

<http://bereadyutah.gov>